| Date | Sport | Time | Event | Athlete/s | Result | Remarks |
|--------|--------------------------------|-------|---|----------------------------------|-------------|--|
| 20-Nov | Beach Handball | 10:00 | Men's Team - Placement 9th - 12th HKG vs BAN | Hong Kong Beach Handball Team | Win (2:0) | Advance to the match of Placement 9th - 10th |
| 20-Nov | Sailing | 10:00 | Hobie 16 Open - Race 8 | TONG Kit Fong/ TONG Yui Shing | 6th / 6 | Overall: 4th / 6 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: X Men - Race 8 | LEE Chun Ting Adrian | 4th / 13 | Bronze Medal Overall 3rd / 13 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: X Men - Race 8 | Rafeek KIKABHOY | 8th / 13 | Overall 5th / 13 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: X Women - Race 8 | MA Kwan Ching | 2nd / 8 | Overall: 4th / 8 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: One Men - Race 8 | CHAN Tsz Kit | 11th / 12 | Overall 9th / 12 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: One Men - Race 8 | CHENG Ho Yin | 6th / 12 | Overall 5th / 12 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: One Women - Race 8 | CHAN Yau Ching | 8th / 11 | Overall 9th / 11 |
| 20-Nov | Sailing - Windsurfing | 10:00 | RS: One Women - Race 8 | CHOI Wing Chi Sandy | 10th / 11 | Overall 6th / 11 |
| 20-Nov | Aquatics - Beach Water Polo | 10:45 | Men's Team - Group Phase HKG vs KAZ | Hong Kong Water Polo Team | Loss (3:15) | |
| 20-Nov | Waterski | 11:15 | Men's Wakeboard - Semifinals - Heat 2 | CHEUNG Ho Lung | 3rd / 5 | Qualified to Final |
| 20-Nov | Waterski | 11:15 | Men's Wakeboard - Semifinals - Heat 1 | WAN Ka Choi | 3rd / 5 | Qualified to Final |
| 20-Nov | Beach Volleyball | 13:00 | Women's Team - First Round HKG vs THA | NG Tin Lai/ WONG Yuen Mei | Loss (0:2) | |
| 20-Nov | Beach Volleyball | 14:30 | Men's Team- Second Round HKG vs MAS | CHUI Kam Lung/ WONG Chun Wai | Loss (0:2) | |
| 20-Nov | Waterski | 14:30 | Men's Wakeboard - Final | CHEUNG Ho Lung | 5th / 6 | Overall: 5th / 20 |
| 20-Nov | Waterski | 14:30 | Men's Wakeboard - Final | WAN Ka Choi | 6th / 6 | Overall: 6th / 20 |

| Date | Sport | Time | Event | Athlete/s | Result | Remarks |
|--------|----------------|-------|--|-------------------------------|-----------|---|
| 20-Nov | Beach Handball | 15:00 | Women's Team - Placement 5th - 8th HKG vs TKM | Hong Kong Beach Handball Team | Win (2:0) | Advance to the match of Placement 5th - 6th |
| 20-Nov | Extreme Sport | 17:00 | Men's Skateboard (Stunt Park) - Final | LUK Chun Yin | 5th / 9 | |
| 20-Nov | Extreme Sport | 17:00 | Men's Skateboard (Stunt Park) - Final | TANG Chun Yin Johnnie | 1st / 9 | Gold Medal |
| 20-Nov | Muaythai | 17:00 | Men's Light Welterweight weight 60-63.5kg Quarterfinals Bouts HKG vs MGL | CHIN Ngai Chung | Win (5:0) | Qualified to Semifinals |
| 20-Nov | Extreme Sport | 18:30 | Men's Skateboard (Best Trick) - Final | LUK Chun Yin | 6th / 9 | |
| 20-Nov | Extreme Sport | 18:30 | Men's Skateboard (Best Trick) - Final | TANG Chun Yin Johnnie | 7th / 9 | |
| 20-Nov | Extreme Sport | 20:00 | Men's Inline Skate (Big Air) - Final | CHENG Tze Wang | 8th / 9 | |
| 20-Nov | Extreme Sport | 20:00 | Men's Inline Skate (Big Air) - Final | TSUI Alexander Cardinal | Tie 4 / 9 | |